

Highlights by AMICI'S

AMICI'S HAIR SALON

630.295.5999

www.amicissalon.com

April/May 2009

Amici's...Body, Mind and Spirit!

Dear Friends,

Have you looked in the mirror lately and said, "I need a new look!"? Well, it's a natural feeling in spring when nature begins to bloom and the air is fresh and the sun is shining! Our body, mind and spirit need a lift, too.

I would like to make a few suggestions.

Number One: Start taking a walk outside everyday. Breathe the fresh air, think of one good thing you can do for or say to someone else and be grateful for your life.

Number Two: Prioritize your plans for the day, including three healthy meals and time for reflection mid-day, maybe a peaceful 20 minute snooze and a beauty treatment. This could include a soothing shower, fresh makeup and a spritz of cologne.

Number Three: Schedule an appointment for a fresh new haircut at Amici's with one of the latest spring hairstyles that have hit the fashion circuit.

The **Bob** is the perfect update of the classic-(longer at the front, shorter at the back and softly razored ends) bring it definitely in the 2009 spring look.

The **Tousled and Teased Hair** is hot this season. To get this messy style you need good hair products. See our reception desk staff for wonderful suggestions. To create this style, turn your head upside down. Get your fingers into the roots and shake it out. Flip back and work some hair spray. Take sections and twist them, run them over with curling iron.

Mid-Length Hair should be worked through damp hair with volumizing product. Set sections onto rollers, winding the ends to the root and clip it in place. Blow dry the hair, remove rollers and use a paddle brush to straighten curls.

HAPPY SPRING and, hopefully, we will see you in the shop very soon.

Frank Minniti



Amici's Salon strives to integrate health, beauty and well-being into the daily living of our customers.

- ◆ Hair Cuts & Fashion Hair Styles
- ◆ Manicure & Special Occasion Nails
- ◆ Permanents
- ◆ Pedicure
- ◆ Coloring Services
- ◆ Artificial/Custom Nail Services
- ◆ Fashion Hair Styling
- ◆ Therapeutic Paraffin Treatments
- ◆ Waxing Treatments
- ◆ Threading
- ◆ Special Event Makeup
- ◆ Hair Extensions and Hair Replacement
- ◆ Permanent Make-Up

Choose among the services above, then call to make an appointment at 630.295.5999.



AMICI'S PRODUCTS OF THE MONTH

This issue's featured products are:

MOROCCANOIL intense curl cream, hydrating styling cream, gold glimmer shine spray, restorative hair mask and intense hair mask.

See the discount coupon in this newsletter

AMICI'S HAIR SALON



THE MAGNIFICENT MILES WEST OF CHICAGO Calendar of Events

April 21

LA Theatre Works: War of the Worlds and The Lost World—McAninch Arts Center at College of DuPage, Glen Ellyn

April 26

Bloomington Women's Club—Springtime In Paris Luncheon and Fashion Show to benefit Little Friends, Inc.—Alta Villa Banquets, Addison

May 10

Mother's Day Brunch—Hilton Indian Lakes Resort, Bloomingdale

May 16

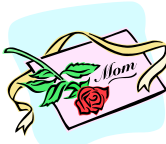
Civil War Days—Naper Settlement, Naperville

June 20-21

Fine Arts Festival—Cantigny Park, Wheaton

June 21

Father's Day BBQ Beer Brunch—Hilton Indian Lakes Resort, Bloomingdale



AMICI'S HAIR SALON

Telephone: 630.295.5999
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Web: www.amicissalon.com
Email: customerservice@amicissalon.com

LOCATIONS

Bloomington

156 S. Bloomingdale Road
Bloomingdale, IL 60108

Hours of Operation

Monday	11:00 pm—4:00 pm
Tuesday—Friday	9:00 am—8:00 pm
Saturday	8:00 am—4:00 pm

Grand Haven Active Adult Resort Community

1520 Grand Haven Road
Romeoville, IL 60446

Hours of Operation

Monday	9:00 am— 5:00 pm
Tuesday	9:00 am— 8:00 pm
Wednesday	8:00 am— 8:00 pm
Thursday	8:00 am— 8:00 pm
Friday	8:00 am— 4:00 pm
Saturday	9:00 am— 2:30 pm

Try these prosciutto-wrapped bundles of grilled asparagus for Mother's Day

Prosciutto Wrapped Asparagus

16 spears asparagus
(about one bunch) trimmed
1 teaspoon extra-virgin olive oil
Pinch of salt

Freshly ground pepper to taste
2 very thin slices imported or domestic prosciutto (about one ounce), cut in half lengthwise.

Preheat grill to medium.

Toss asparagus with olive oil, salt and pepper in a medium bowl. Wrap one length of prosciutto around the middle of four asparagus spears. Repeat, making four bundles. Oil the grill rack. Grill the asparagus bundles turning once or twice, until the asparagus is tender and charred in spots, about 10 minutes. Makes four servings. 39 calories per serving.

Recipe from Eating Well magazine, March/April 2009

Subscribe to our free newsletter. Get the latest health and beauty news as well as Amici's specials. Go to www.amicissalon.com to sign up.

AMICI'S HAIR SALON

\$3.00 OFF

Any MOROCCANOIL Product

With This Coupon Only

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Expires: 6/30/2009